

29th Annual FFF Final Report

Hey, it was not freezing this time! We appreciate all the assistance from the hardy souls out there who helped with the races on Saturday, January 23, 2010. This year we brought in **\$3439.50 for the people of Apartado, Colombia**, our second highest take ever for the FFF. Most of the money came from entrance fees, and once again, our top donator was Rich Christopherson. We appreciate the support for the displaced people of Colombia, especially in light of new suffering in Haiti. You can get more information from the [Colombia Support Network](#).

We had approximately 205 runners for the 5K and 10K races. This year for the first time we were able to get electronic registration up in November, which resulted in 81 pre-registrations. With the high number of entrants, this was critical to getting the races started on time.

Expenses were also up this year for a **total of \$907.60**. Fortunately, the group has committed up to \$1000 for support of this annual fund-raiser. This allows *all* the money raised to go to the people of Apartado, Colombia.

Insurance	\$395.00
Shelter Rental	\$145.00
Timing equipment	\$100.00
Food	\$136.25
Brochures	\$103.92
Misc.	\$ 27.43
TOTAL	\$907.60

We had **205 participants** for an average of **\$16.78 per runner/walker**.

We had a total of **24 volunteers**, with each volunteer putting in an average of 4 hours (event coordinators Rick and Peter put in an extra 10 hours) for a total of 116 hours. This means $\$3440/116 = \mathbf{\$29.65}$ **per volunteer hour**. We estimate that if we raise below \$15/volunteer hour, it will be time to call it quits.

Honorable mention and thanks go to Vince Ohern and Linda Baldwin for the \$850 donation to place the Isthmus ad.

As always, we can use more organization and promotion. Any suggestions for a celebrity starter? The 30th FFF will be January 22, 2011. Anyone interested in getting in on the ground floor of a great event, contact Peter Joyce via [email](#) or phone (608-554-0384).

5K RUN RESULTS: MALE BY AGE CLASS

Class	Place	Time	Name
<30	2	20.18.8	Chris McVey
	4	21.24.9	Jason Johnson
30-39	1	18.37.5	Jim Reichling
	26	25.35.5	Ryan Tomburrini
40-49	5	21.33.4	Tim Rutter
	10	22.27.1	Todd Grauvogl
50-59	3	20.58.6	Bill Gilmore
	9	22.21.2	Chris Reedy
60+	93	44.15.0	John Schultz
	96	46.0.0	Rich Christopherson

5K RUN RESULTS: FEMALE BY AGE CLASS

Class	Place	Time	Name
<30	6	21.40.5	Robin Forbes-Lorman
	8	22.14.2	Anna Christian
30-39	25	25.35.0	Sarah Dezwarte
	33	26.31.7	Ann Wimann
40-49	40	28.29.0	Karen Walrafen
	43	28.46.6	Dustie Seston
50-59	7	22.05.3	Susan Reedy
	21	24.50.0	Maryanne Hinkes
60+	50	29.48.0	Nancy Wiegard

10K RUN RESULTS: MALE BY AGE CLASS

Class	Place	Time	Name
<30	1	36.49.2	Jake Hegge
	2	36.51.9	Greg Smith
30-39	6	39.37.1	Andy Hognisch
	21	44.55.7	Darrin Landes
40-49	5	38.34.3	Dana Bartholmew
	8	41.19.6	Don Zastrow
50-59	9	41.26.7	Bill Gilmore
	75	43.13.6	Joe Reda
60+	35	47.31.1	Joe Schirmer
	73	56.21.4	Gray Williams

10K RUN RESULTS: FEMALE BY AGE CLASS

Class	Place	Time	Name
<30	20	44.40.2	Robin Forbes-Lorman
	25	45.25.6	Brynn Devine
30-39	51	50.15.0	Jennifer Ginn
	57	50.56.2	Holly Petrillo
40-49	32	46.30.3	Karen Walrafen
	49	50.12.6	Julie Cherney
50-59	52	50.22.4	Maryanne Hinkes
	89	1.02.45.6	Laura Moeller
60+	86	1.01.59.9	Janet Hagen